

## **Dysphagia Awareness Training**

for

**Nurses, Health Care Assistants, Support Workers, Chefs, catering staff, and other interested health and social care professionals.**

- ✚ Do you work with people with eating, drinking, feeding and swallowing difficulties (dysphagia)?
- ✚ Do you feel confident when assisting people with their food and drink?
- ✚ Do you want to promote a positive experience surrounding eating and drinking for those with dysphagia?
- ✚ Do you want to reduce the risks and complications associated with dysphagia?
- ✚ Do you want to learn simple, practical steps to improve your care provision and the well-being of individuals with dysphagia?

**We are here to work in partnership with you to achieve the best possible outcomes in supporting people with eating, drinking, feeding and swallowing difficulties.**

- ✚ Our experienced Lead Speech and Language Therapist, Susan Maxey, will create and deliver bespoke, practical and interactive Dysphagia Awareness Training to provide your staff with the skills and knowledge needed to meet the specific requirements of your service.

**Learning Objectives:** To enable delegates to develop their knowledge and understanding of:

- ✚ The normal swallow
- ✚ The anatomy of swallowing
- ✚ Common causes of swallowing problems
- ✚ Signs and symptoms of swallowing difficulties
- ✚ Risks associated with dysphagia, including choking
- ✚ Modified diets and thickened fluids
- ✚ Supporting individuals with dysphagia, including feeding
- ✚ The importance of oral hygiene
- ✚ How to refer to Speech and Language Therapy

To discuss your needs and potential costs please contact Karolina Wasilek on:

02380 448168 / 07921 897858 or email [k.wasilek@peartreerehab.co.uk](mailto:k.wasilek@peartreerehab.co.uk).

